

# Benefits of working with a financial advisor

## Results of Equitable's Value of the Advisor Study

Employer-sponsored retirement savings plans, such as a 403(b), continue to play a vital role in helping individuals reach their financial goals. Independent research, commissioned by Equitable, highlights the benefits, which may be gained by working with a financial professional. These include achieving retirement readiness and long-term financial well-being.1

### Financial outcomes — higher balances and more confidence

Worked with a financial professional

Did not work with a financial professional

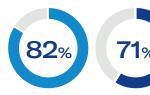
(\$) (\$) S39k Median account halance

Those who worked with a financial professional are more confident in meeting retirement goals and leaving something to their heirs than those who did not.

Confidence in meeting retirement goals



Confidence heirs will receive a payout



- Worked with a financial professional
- Did **not** work with a financial professional

## Investing behaviors — contribute more and earlier

Worked with a financial professional

More than 7 in 10 believe they contribute more and started earlier because of a financial professional.

Because of my financial professional (% agree)...

403(b) contribution amount higher

403(b) contribution start date earlier

Did **not** work with a financial professional



# **Emotional benefits — greater satisfaction**

Satisfaction with 403(b) plan

84% 59% Satisfaction with plan performance

75% 46% Knowledge about investment choices

78%

61% 25%

Worked with a financial professional

Did not work with a financial professional

## For more information, visit equitable.com.

#### 1 Equitable Value of the Advisor Study, 2022.

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Equitable believes education is a key step toward addressing your financial goals, and we've designed this white paper to serve simply as an informational

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