

Equitable Financial Life Insurance Company of America For Assistance Call (866) 274-9887

Send completed forms to:

Equitable, EB Claims 8501 IBM Dr, Suite 150-C Charlotte, NC 28262 Fax Number: (315) 477-2499 ebclaims@equitable.com

Massachusetts Paid Family and Medical Leave (PFML) Certification of Your Own Serious Health Condition Instructions

You are required to notify your employer before submitting an application. Once you have notified your employer, **Equitable Financial Life Insurance Company of America (Equitable)** will review your application to determine your eligibility for benefits. Both the employee who is applying for leave and a health care provider must complete a portion of this form. **This form will be shared** with **Equitable**, your employer, employer affiliates, and state partners.

This form is required for...

Medical leave due to your own serious health condition or conditions due to pregnancy or post-birth recovery that prevent you from working, as certified by a health care provider.

This form is **not** required for Family Leave to...

- Care for a family member with a serious health condition including a family member with a serious health condition related to military service.
- **Bond with a child** within 12 months after birth, adoption, or foster care placement.
- **Manage affairs** for a family member who is an active service member.

How to use this form

Employee

- Complete Section 1 and 2 to tell us about your reason for taking leave
- 2. Give **all pages** of the form to the health care provider who is treating you.
- The health care provider should complete Sections 3-5
 and return the form to you. Benefits will be delayed or
 denied without certification from a health care provider.
- Provide the Employer Coverage Certification to your employer to complete.
- 5. Send all **completed forms** to:

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Fax Number: (315) 477-2499

Call our Contact Center at (866)-274-9887 with any questions.

+ Health Care Provider (HCP)

- 1. Review Page 2 for definitions of key terms.
- 2. Complete **Sections 3-5** to certify the patient's serious health condition.
- 3. Make sure the patient has provided authorization to share medical information with the employee.
- 4. Sign and date form on **Page 7** to attest to the information provided.
- 5. Return the **form** to the patient whose information is in **Section 1**.

Continued on next page

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Equitable is the brand name of the retirement and protection subsidiaries of Equitable Holdings, Inc., including Equitable Financial Life Insurance Company (NY, NY); Equitable Financial Life Insurance Company of America, an AZ stock company with an administrative office located in Charlotte, NC; and Equitable Distributors, LLC. The obligations of Equitable Financial Life Insurance Company and Equitable Financial Life Insurance Company of America are backed solely by their claims-paying abilities.

EBMAFML-EESINSTR (9/1/2025)

Page 1 of 2

Massachusetts Paid Family and Medical Leave (PFML) Certification of Your Own Serious Health Condition Instructions

• Employee

+ Health Care Provider

Refer to this page as you fill out the form.

Definition of a serious health condition

A serious health condition could include an illness, injury, impairment or physical or mental condition that involves at least one of the following two conditions

- At least one night of inpatient care in a hospital, hospice or residential medical facility
- 2. Continuing treatment by a health care provider

Inpatient care

An overnight stay in a hospital, hospice, or residential medical care facility, including any period of incapacity, or any subsequent treatment in connection with such inpatient care.

Continuing treatment

Treatment for a condition that fits any of the following descriptions:

- A. Any incapacity to work for more than three consecutive full calendar days that also requires medical visits. Your patient's first visit must be within seven days of the start of incapacity. Telehealth appointments are also included. These medical visits must meet one of the following two patterns:
 - Two or more visits within 30 days of a patient's incapacity to work (unless it is impossible to book two appointments in this time frame).
 - One such visit—excluding a routine physical, eye or dental exam—plus a regimen of care or medication under the provider's supervision or prescription, e.g., outpatient surgery or strep throat.

- B. Any incapacity due to pregnancy or prenatal care.
- **C.** Any incapacity due to a chronic condition, which is a condition that:
 - Requires periodic medical visits,
 - Continues over an extended period of time, and
 - May cause episodic periods of incapacity that require leave, e.g., asthma or migraine headaches.
- D. Any incapacity due to a permanent or long-term condition that may not respond to treatment, e.g., Alzheimer's disease or terminal stages of cancer.
- **E.** Any absence to receive multiple treatments, plus any recovery time, for either of the following:
 - Restorative surgery after an accident or injury, e.g., joint replacements or reconstruction.
 - A condition that would lead to more than three consecutive days of incapacity if the patient did not receive treatment, e.g., chemotherapy treatments.

Incapacity

An inability to perform the functions of one's job owing to the serious health condition. For unemployed applicants, it means an inability to perform the functions of their most recent position or other suitable employment.

Definition of a health care provider Health Care Provider:

An individual licensed by the state, commonwealth, or territory in which the individual practices medicine, surgery, dentistry, chiropractic, podiatry, midwifery or osteopathy, and including the following:

- A. Podiatrists, dentists, clinical psychologists, optometrists, and chiropractors (limited to treatment consisting of manual manipulation of the spine to correct a subluxation as demonstrated by X-ray to exist) authorized to practice in a state and within the scope of their practice as defined under the law of that state, commonwealth, or territory;
- **B.** Nurse practitioners, nurse-midwives, clinical social workers and physician assistants who are authorized to practice under State law and who are within the scope of their practice as defined under the law of that state, commonwealth or territory;
- **C.** Christian Science Practitioners listed with the First Church of Christ, Scientist in Boston, Massachusetts.
 - D. A health care provider listed above who practices in a country other than the United States, who is authorized to practice in accordance with the law of that country, and who is within the scope of practice as defined under such law.

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Massachusetts Paid Family and Medical Leave (PFML) **Application of Your Own Serious Health Condition**

1	Emp	loyee <i>F</i>	4pp	lying	for
	Paid	Medic	al L	eave	

Instructions - Complete this Section with your own information.

First:	Middle:	Last:	
(If different) Your nam	ne as it appears on official documents lik	e a driver's license or W	2:
First:	Middle:	Last:	
Phone #			
Address:			
Street	City	State	Zip
Jueer			
Email: I consent to receivin			
Email: I consent to receivin	g □ cell phone □ email communication I/or cell phone number provided above.		
Email: I consent to receivin the email address and Gender: Male Fe	g □ cell phone □ email communication I/or cell phone number provided above.		
Email: I consent to receivin the email address and Gender: Male Fe Marital Status Mar	g □ cell phone □ email communication I/or cell phone number provided above. male □ Other		
Email: I consent to receivin the email address and Gender: Male Fe Marital Status Marital One	g □ cell phone □ email communication I/or cell phone number provided above. I/or cell phone number provided above. I/or cell phone number provided above. I/or cell phone □ Widowed I/or cell phone □ Widowed	ons from Equitable rela	ted to my claim(s

• Employee

Write your name at the top of the remaining pages.

Afterwards, give this form to your health care provider to complete Sections 2-4.

MA PFML OSHC continued in next page.

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Massachusetts Paid Family and Medical Leave (PFML) Certification of Your Own Serious Health Condition

• Employee

Employee applying for leave:

+ Health Care Provider

Patient's Serious Health Condition

Health Care Provider Certification of a Serious Health Condition

Instructions - This form should be filled out by the employee's healthcare provider. For the employee to qualify for paid leave, the patient must have a serious health condition. Answer all questions fully and completely.

•	any and completely.
Which of the following apply to the patient's s includes mental health.	erious health condition? Check all that apply; this
☐ Requires, or did require inpatient care. ☐ Has incapacitated or will incapacitate the patient for more than three consecutive full	☐ Is chronic, requires treatments at least twice a year, and may require periodic absences.
calendar days, AND (pick one) ☐ Requires two or more medical visits	☐ Is long-term and requires ongoing medical supervision, with or without active treatment.
within 30 days. OR	☐ Requires multiple treatments and would lead to a period of incapacity without treatment.
☐ Requires one medical visit, plus a regimen of care.	☐ None of the above. (If none apply to the patient, the employee is not eligible for PFML)
	257 5 1
Is this serious health condition a job-related injury is the patient's serious health condition related to leave for pregnancy, prenatal care, or recovery from health condition.	
Taking Medical Leave does not impact a patient's provided that the number of weeks taken for leave benefit year. There is no form needed to take fam \square Yes \square No	
	illy leave to bond with a child-just proof of birth.)
	weeks for recovery from childbirth or
 The patient will need approximately The patient will need approximately postnatal care. When is the expected delivery date:	weeks for pregnancy or prenatal care

MA PFML OSHC continued in next page.

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Massachusetts Paid Family and Medical Leave (PFML) Certification of Your Own Serious Health Condition

• Employee

Employee applying for leave:

+ Health Care Provider

3 Estimate Leave Details

Instructions - The following questions are about the frequency or duration of a condition. Check all that apply to the patient's condition but you must provide your best estimate of the start and end dates and the duration based on your medical knowledge, experience, and examination of the patient

	patient.	
16.	☐ Continuous Leave: Due to the condition, the patient is/will be incoeriod of time (completely unable to work for consecutive, uninterru	•
	our best estimate of the beginning date(m(mm/dd/yyyy) for the period of incapacity.	m/dd/yyyy) and end date
Do not	use terms like "unknown" or "TBD" as it may result in delays and	d revisions to the form.
17.	☐ Reduced Leave: Due to the condition, it is medically necessary for put consistent schedule.	r the patient to work a reduced
schedu	vour best estimate of hours that the patient should take off per week From (mm/dd/yyyy) to (my/ork: (e.g., 5 hours/day, up to 25 hours a week)	nm/dd/yyyy) the patient is not
	use terms like "unknown" or "TBD" as it may result in delays and	
18.	☐ Intermittent Leave: Due to the condition, it is medically necessary from work on an intermittent basis (multiple episodes of time off, who unexpected). Provide your best estimate of how often (frequency) and episodes of incapacity will likely last.	nich may be irregular or
months	ighly: (mm/dd/yyyy) to (mepisodes of incapacity are estimated to occur time ikely to last approximately (\square hour \square days) per episode.	
Do not	use terms like "unknown" or "TBD" as it may result in delays and	d revisions to the form.

MA PFML OSHC continued in next page.

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Massachusetts Paid Family and Medical Leave (PFML) Certification of Your Own Serious Health Condition

Employee

Employee applying for leave:

+ Health Care Provider

4 Provider
Certification &
Information.

Instructions - Sign and date to agree to this declaration. Provide the relevant licensing and contact information about your practice or business. Before returning the form, **review Pages 3-6**



I certify that the information provided in this form is true and correct, that I have examined the patient and answered the questions accurately and to the best of my ability, and that I am a health care provider authorized to certify their condition.

See page 2 for the definition of a health care provider. **19.** Signature **20.** Printed name and title Name: Title: 21. Certificate/license to practice number:______State/Country:_____ **Note** The form will not be accepted unless a license number is provided. 29. Area of practice or medical specialty: **30.** Name of your practice or business: **31.** Address: **31.** Office phone #: 32. Office fax #: (optional) When you have completed and signed the certification, return it to the + Health Care Provider patient. The patient will submit this information for review by their employer and Equitable.

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Massachusetts Paid Family and Medical Leave (PFML) Employer Coverage Certification— to be completed by the Employer

Employer - send this completed form to Equitable:

Email: ebclaims@equitable.com	Mail: Equitable, E 8501 IBM D Charlotte, N	r, Suite 150-C	Fax Numb	er: (315) 477-2499
Policy/Plan Holder Name:				
Employee/Claimant Name:	J	lob title:		
Social Security Number / TIN:		Date of Hire:	month/c	day/year
Address:				
street	city	state		zip
Phone number:	Email address:_			
Employment Status: Active To	erminated If	Terminated pro	vide date of	termination:
Does this employee meet the defin	ition of a MA Employ	ee/Worker? □ Ye	es 🗆 No	
PFML leave start date:month/day/yea		month/day/year	<u> </u>	
Did employee work a full day? ☐ Ye	es 🗆 No If No , how i	many hours did t	they work? _	
Is the Employee taking FMLA concu	urrently with PFL? 🗆 Y	es □ No If Yes ,	Leave Type:	☐ Continuous ☐Intermittent
If applicable, please advise if your e in the 12 Months preceding the sta		•	Paid Family o	or Medical Leave benefits at a
If Yes , please indicate the type of le	ave taken and provid	e the inclusive d	ates as well	as the total time approved:
Leave Type	From month/day/year	Through month/day/y		Hours Approved
PFL Bonding				
PFL Care of Family				
PFL Care of Service Member				
PFL Military Exigency				
PML – Employee Own Illness				
Scheduled work days:		Νι	ımber of ho	urs worked per week:

Continued on next page

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Taxable Percent of MA PML Benefit: __

Employer Coverage Certification - continued

This page is not applicable to Military Exigency leave. Please continue to next page. Is this employee covered under STD or LTD plans? If so, provide: STD effective date _____ Prior coverage dates ______ month/day/year LTD effective date ____ Prior coverage dates ______ month/day/year What are the employee's physical job demands (pushing, pulling, standing, sitting, etc.): Are you able to offer job accommodations to facilitate a return to work? □ Yes □ No If Yes, describe: ______

Is the Employee's condition work related? \square Yes \square No

If **Yes**, have they applied for WC benefits? \square Yes \square No

Employer Coverage Certification - continued

Earnings and Hours Worked.

Employer - please complete the grid below using the following guidance:

Total Gross Earnings Received and Total Number of Hours Worked, subject to MA PFML Law, by quarter during the base period.

Base Period means: the last four completed calendar quarters immediately preceding the start date of the Paid Family and Medical Leave.

If employee has been working for less than the qualifying base period, provide the number of weeks they worked and/or were paid for.

	CALENDAR QUARTER	TOTAL GROSS EARNINGS	TOTAL HOURS WORKED
1.			
2. 3.			
٥.			
	. ,	. ,	fying employer sponsored policy or
rogram	that are equal to or greater the	nan the MA PFML benefit while	on leave? Li Yes Li No
	employer be requesting reimb		
f yes, ple	ease provide the dates From _	Through onth/day/year month/d	
	m	onth/day/year month/c	iay/year
		-	ch as PTO or accrued sick leave in lieu
	•	efit*(i.e., not a supplemental pa	
t yes, ple	ease provide the dates From _ m	Through onth/day/year month/d	 day/year
Please o	complete the following fo	or STD and LTD benefits	
s this en	nployee a Union member? 🗆 `	Yes □ No	
s the em	nployee Hourly or Salaried	d?	
axable F	Percent of STD Benefit:	Taxable Percent of LTD Bene	efit:
What is t	his employee's weekly or hou	rly rate of pay? \$	
s this en	nployee receiving salary contir	nuation or sick leave? Yes N	0
f " Yes ," p	olease provide dates and payn		through
		month/day/y	
Complete	ed by:		Date:
-			
	umber:	Email:	

administrative office located in Charlotte, NC; and Equitable Distributors, LLC. The obligations of Equitable Financial Life Insurance

Company and Equitable Financial Life Insurance Company of America are backed solely by their claims-paying abilities.

Electronic Funds Transfer (EFT) Request Form

Name: Instructions 1. Read the Terms Address: and Conditions listed Telephone Number: () below. Employee ID: 2. Enter your name, address, home Name of Bank: telephone number and Employee ID. Bank Address: 3. Complete the Bank Telephone Number: () - _____ bank and account information for your Type of Account (select one): **Electronic Funds** Transfer request. Checking: Saving: 4. You and all other Account Number: _____ Account Number: ____ parties to the Bank Routing Number: account specified must sign this form. Attach a voided blank personal check. 5. Return the Indicate any other names on the account selected: completed form to Claims Office. Note: Failure to **AUTHORIZATION** provide the requested I / We authorize information may hereinafter called "The Insurance Company" and/or its Third Party affect the processing Administrator, hereinafter called "TPA", to initiate credit entries (and to of this form and may initiate, if necessary, debit entries and adjustments for credit entries made in delay or prevent the error) to my (our) account indicated above and the Depository named above, receipt of payments hereinafter called Depository, to credit and/or debit the same to such account. through the EFT I (we) acknowledge that the origination of ACH transactions to my (our) Program. account must comply with the provisions of U.S. law. This authorization is to remain in full force and effect until The Insurance Company and/or its TPA has received written notice from me (us) of its termination in such time and in such manner as to afford The Insurance Company and/or its TPA and Depository a reasonable opportunity to act on it. Signature(s): Date:

TERMS AND CONDITIONS

The Insurance Company and/or its TPA will not be responsible for any banking fees charged for direct deposit or electronic funds transfer.

I understand that this agreement may be terminated by me upon written notice to The Insurance Company and/or its TPA.

The cancellation will be processed for the time period following receipt of the notice.

I understand that a change in the title of this account which alters the interest of any party terminates this authorization and that a new authorization must then be submitted to continue direct deposit/EFT.

I understand that it is my responsibility to inform The Insurance Company and/or its TPA of any address changes immediately.

I further understand that any benefit payment forwarded to the financial institution covering a period of time after my death will be refunded to The Insurance Company and/or its TPA. I agree that the financial institution shall hathe right of offset for such a refund.

I authorize the financial institution specified in this authorization to provide The Insurance Company and/or its TPA with my home address and the names of any joint account holders for the account specified here in.

I understand that I am responsible for verifying the accuracy of my account data and for promptly notifying The Insurance Company and/or its TPA of any errors or changes including termination of my EFT request.

SPECIAL NOTICE TO OTHER PARTIES TO THIS ACCOUNT.

As a party to this account, I understand that I am personally liable, both individually and as a member of the group of parties to this account, for the full amount of all benefit payments covering any period after the death of the disability benefit recipient. This is a liability to The Insurance Company and/or its TPA. If I am entitled to any benefit as the beneficiary of the disability benefit recipient, the amount of my liability may be deducted from the amount payable to me. I agree that the financial institution shall have the right of offset for such a refund, and I authorize the financial institution to provide The Insurance Company an/or its TPA with my home address.

CANCELLATION

The agreement represented by this authorization remains in effect until cancelled by the recipient by notice to The Insurance Company and/or its TPA or by the death or legal incapacity of the recipient. Upon cancellation by the recipient, the recipient should notify the receiving financial institution that he/she is doing so. The agreement represented by this authorization may be cancelled by the financial institution by providing the recipient a written notice 30 days in advance of the cancellation date. The recipient must immediately notify The Insurance Company and/or its TPA if the authorization is cancelled by the financial institution. The financial institution can not cancel the authorization by advice to The Insurance Company and/or its TPA.

Signature:	Date:
certify that I have read and understand the Terms and Condition cluding the SPECIAL NOTICE TO OTHER PARTIES TO THIS	
Signature(s) of Other Persons on Account:	Date
Signature(s) of Other Persons on Account:	Date